



# FIRE EXTINGUISHER AWARENESS TRAINING

## TRAINING SESSION INCLUDES – NO LIVE FIRE PRACTICAL

### HOW FIRES START

- THE THREE STATES OF MATTER
- THE VAPOUR COMBUSTION PROCESS
- THE TRIANGLE OF FIRE
- THE SPREAD OF FIRE

### BASIC FIRE FIGHTING METHODS

- STARVATION
- SMOTHERING
- COOLING
- INTERRUPTING THE CHEMICAL CHAIN REACTION
- COMBINATION OF METHODS OF EXTINGUISHMENT

### THIS PRICE INCLUDES

- Hand-outs – including wallet size “Portable Fire Extinguishers Guide”
- Theory & Practical Training including practical extinguishment of two types of fires - A Class & B Class, and simulation of the remaining classes - C Class, D Class, E Class & F Class fires.
- Use of two types of portable fire equipment i.e. CO<sub>2</sub>, Dry Powder, Foam & Water Extinguishers and Fire Hose Reel & Fire Blanket, in order for participants to gain confidence in using all types of equipment, and to understand the limitations of different types of portable fire equipment.
- Certificate of Participation

### PORTABLE FIRE EQUIPMENT & THEIR USE

- REGULATIONS
- CHOOSING THE APPROPRIATE EXTINGUISHER TO USE
- OPERATION OF HOSE REELS

### FIRE EXTINGUISHMENT

- TYPES OF FIRES
- CLASSES OF FIRES

### BENEFITS

This course will help participants to gain confidence and competence in manual operation of fire extinguishers, fire equipment. We provide all I trainees with a certificate of participation. Well-trained staff will be a credit to your organisation, increase workplace safety, and aid in fulfilling your company's occupational health & safety policies.

### CANCELLATIONS

Any cancellations during the 48 hours prior to the course **will require full payment.**

### PAYMENT

**Payment is required prior to the day.** Please contact our office to pay by direct transfer.

### ADDITIONAL:

**PERSONAL PROTECTION EQUIPMENT PROVIDED**  
**Participants are required to wear full-length fitted trousers, long sleeve shirt, fully covered shoes & hat.**

*We are experts in:*

*Supply, Service & Installation of All Portable & Fixed Fire Equipment, Suppression Systems, Emergency Lighting Systems, Fire Indicator Panels, Sprinkler Maintenance and custom designed Fire Pumps for all applications. Fire Warden Training, Workplace Emergency Response Training, Safety Audits, Emergency Evacuation Plan Designing, Authorised Marine Service, Supply and Survey, Confined Entry and Gas Detection and Scheduled Remote Servicing.*